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God's promises are always sufficient to meet our needs so that we can live as more than conquerors in all of life's situations. One aspect of our more-than-a-conqueror lifestyle is our prayer life. We have the ability to pray effectively and perfectly in order to get needs met. Any one of us has the privilege to pray to God, and God does hear and answer our prayers. As born-again believers, equipped with the gift of holy spirit, we have power from on high in us to help us in our prayer life, especially in those times when we do not know what to pray for. The gift of holy spirit in us helps us by enabling us to pray effectively and by making possible answered prayers. God enabled the born-again believer to pray perfectly by praying in the spirit, speaking in tongues.

*I Corinthians 14:15:*

*What is it then? I will pray with the spirit, and I will pray with the understanding also: I will sing with the spirit, and I will sing with the understanding also.*

In our prayer life as born-again believers, we can pray in two ways. We can pray with the understanding, and we can pray with the spirit (I Corinthians 14:15). This article will focus on praying with the spirit. Praying with the spirit is speaking in tongues. Speaking in tongues is perfect prayer.

Romans 8 elaborates on this great key to praying effectively.

*Romans 8:26:*

*Likewise the Spirit [God] also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit [His gift in manifestation] itself maketh intercession for us with groanings which cannot be uttered.*

In the majority of the Greek manuscripts of the New Testament, the word “infirmities” is in the singular. This verse reveals the believers’ one great infirmity, or weakness, in prayer: “we know not what we should pray for as we ought.” The manifestation of speaking in tongues fills the gap caused by any lack in our knowledge or understanding of what to pray for. We have the assurance that speaking in tongues in prayer makes intercession for us because God knows the thoughts of the spirit.

When we speak in tongues, it is the gift of holy spirit in us in direct communication with our heavenly Father. In the foundational class on The Way of Abundance and Power, we learn of eighteen benefits and purposes of speaking in tongues. One of them is that speaking in tongues is to pray perfectly. God knows our need, and praying in the spirit is perfect for any situation. Ephesians 6:18 shows that we can pray “always with all prayer and supplication in the Spirit [by way of speaking in tongues].” “Supplication” is the expression of a need. By speaking in tongues, we can pray for the fulfillment of specific needs for ourselves and others, even for those needs unknown to us.

Living a more-than-a-conqueror lifestyle starts with believing God’s Word and includes speaking in tongues as perfect prayer. One great way speaking in tongues gives us the victory is that when we speak in tongues, our spirit makes intercession for the saints according to the will of God.

*Romans 8:27:*

*And he that searcheth the hearts knoweth what is the mind of the Spirit [holy spirit in manifestation], because he [it] maketh intercession for the saints [the born-again believers] according to the will of God.*

We also saw in Romans 8:26 that the gift of holy spirit “maketh intercession for us.” The Greek verb translated “maketh intercession” in verse 26 means to intercede on behalf of another. In verse 27, we see that the spirit makes intercession “according to *the will of God.*” God knows the thoughts of the spirit, the gift of holy spirit. When we pray in tongues, we can pray on behalf of others for the fulfillment of specific needs unknown to our senses minds. Speaking in tongues helps me remember that I am never helpless. Even when I don’t know what to pray for, God is always ready and willing to meet my needs as I speak in tongues.

Here’s a wonderful quote that has encouraged me to speak in tongues more, not just in challenging times: “While nothing’s happening, speak in tongues.”

It is refreshing and encouraging to know that God's promises are sufficient to meet our every need. We can absolutely live as more than conquerors in all of life's situations. Let's keep God involved by speaking in tongues, praying perfectly, which fills the gap caused by our lack of understanding of what to pray for and intercedes for the saints. It is one thing we can do perfectly, making possible answered prayers.

*To learn more about speaking in tongues, contact us to learn how you can participate in our foundational class on *The Way of Abundance and Power*.*